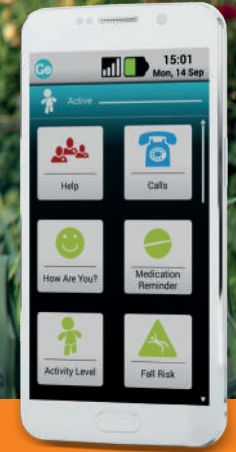




# Live independent with ENSAFE



We aim to create a smarter, more accessible and richer connection between elderly people and their social network. This will be achieved through innovative elderly-oriented services aimed at fostering independent life.

## Project partners

- Regionaal Zorg Communicatie Centrum - NL
- GOCIETY Solutions - NL
- University of Technology Eindhoven - NL
- Me.Te.Da. S.r.l. - IT
- PROGES - IT
- Università degli Studi di Parma - IT
- Gaia Systems AB - SE
- SICS Swedish ICT AB - SE
- North West Coast Academic Health Science Network - UK
- ICE Creates Ltd - UK

The ENSAFE project has received funding from AAL JP, cofunded by the European Commission and National Funding Authorities of the Netherlands, United Kingdom, Sweden and Italy. The duration of the project is 36 months with July 1, 2015 as the effective start date.

### Contact details project coordinator

Regionaal Zorg Communicatie Centrum (RZCC)  
 Boschdijk 769  
 5626 AB Eindhoven  
 +31 40 239 30 00  
 info@rzcc.nl

### Project website and contact

[www.ensafe-aal.eu](http://www.ensafe-aal.eu)  
 info@ensafe-aal.eu



Data is all around us these days coming from different devices. In this project we use such data (for example activity and health status) in a smart way to supervise, analyse and feedback information for independent living.

## 👉 ENSAFE approach

Through the ENSAFE approach, the elderly person gains more awareness and control over their own health and wellness, empowering them to self-manage their health and thereby a higher quality of life. Besides potential benefits brought to the elderly user, the project goals include supporting the informal caregiver network surrounding them and optimizing connection toward professional caregivers. As a by-product, it is expected that the project activity will create more room for inventive and flexible market actors, widening the possibility of SMEs to launch their innovations for independent living as well.

The user perception is at the focus of the project through an user-centred design methodology. Additionally, the project seeks to develop this approach and make our services suitable to cover the large diversity of European social and healthcare ecosystems: to this purpose, stakeholders from different countries are represented in the partnership and trials are planned in four different countries. If you are interest to join forces for innovation, please contact us!

## 👉 TARGET group

- **Elder people with mild care needs**  
The technical innovation will become a supportive part of the individuals' lives supporting and enabling them to live longer and more independently at home. They will interact with the ENSAFE system through their smartphone in a friendly and accessible way, and will receive feedback information like motivational messages, advice on improving their lifestyle and most importantly guidance in self-care.
- **Informal caregivers**  
They will be provided with simple tools to have the care receiver monitored, providing them with interpretative keys based on the (automatic) analysis of the sensor data stream and with prompt signalling of abnormal situations needing their attention.
- **Formal caregivers**  
Who will have access to the full set of data through effective organization and visualization tools and are thereby supported to provide more efficient and effective care to their clients.